



SPINNAKER POINT ADULT
FITNESS CENTER

30 Spinnaker Way - Portsmouth, NH

FRIDAY, MARCH 10th

1:00 PM - 6:00 PM

Appointments are recommended.

Please schedule online at redcrossblood.org

Or call at 1-800-RED CROSS (1-800-733-2767)

Redcrossblood.org 1-800-RED CROSS